

6 Months

Developmental Milestones

- ❖ Recognizes familiar faces. Likes to play with others.
- ❖ Responds to other people's emotions.
- ❖ Likes to look at self in a mirror.
- ❖ Strings vowels together when babbling.
- ❖ Responds to own name.
- ❖ Makes sounds to show joy and displeasure.
- ❖ Begins to look for a toy that drops out of sight.
- ❖ Can play alone with one or two toys for a little while.
- ❖ Can sit with one hand on the ground for support, in a "tripod."
- ❖ Can bear weight when standing with support.
- ❖ Teeth may begin to emerge.

Parenting Tips

- ❖ Encourage speech by talking and reading to your baby as often as possible.
- ❖ Continue to get adequate sleep and eat well.
- ❖ Babies like to bounce, swing, and bang things together. Plastic cups, wooden spoons, and pans make great toys.
- ❖ Begin to set some limits by using distraction, reducing stimulation and establishing routines.



References

American Academy of Pediatrics. (2014). *Ages and Stages*. Retrieved from <http://www.healthychildren.org/English/ages-stages/Pages/default.aspx>

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