

## Developmental Milestones

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- ❖ Enjoys playing with peers.
- ❖ Does not share well.
- ❖ Asks frequent questions.
- ❖ May have a vocabulary of 50 or more words.
- ❖ Climbs up steps holding on for support.
- ❖ Jumps off the floor with both feet.
- ❖ Opens doors.
- ❖ Kicks a ball.
- ❖ Can wash and dry hands.
- ❖ Climbs on furniture.
- ❖ Uses a cup and spoon well.
- ❖ May start showing signs of toilet training readiness.

## Parenting Tips

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- ❖ Use picture books to help with language development.
- ❖ Arrange time for exploring outdoors.
- ❖ Keep TV viewing to a minimum, and supervise your child while watching TV. Keep TV off during meals.
- ❖ Be careful of what you say, as children at this age repeat what they hear.
- ❖ Keep family outings with your child short and simple.
- ❖ Encourage your child to make choices whenever possible.
- ❖ Provide alternatives when your child is playing with something that is not allowed.
- ❖ Avoid power struggles with your child.
- ❖ Continue to take time for yourself.

### References

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