

2 Months

Developmental Milestones

- ❖ Begins to smile and show pleasure in interactions with parents.
- ❖ Begins to grasp a parent's finger or rattle.
- ❖ Coos, gurgles, and makes throaty noises. Turns head towards sounds.
- ❖ Begins to pay attention to faces.
- ❖ Begins to follow things with eyes and recognizes people at a distance.
- ❖ Can hold head up and begins to push up when lying on tummy.



Parenting Tips

- ❖ Every interaction helps to grow your baby's brain. Talk, sing, cuddle, and make eye contact with your baby.
- ❖ Continue to take care of yourself by getting enough sleep and eating well.

References

American Academy of Pediatrics. (2014). *Ages and Stages*. Retrieved from <http://www.healthychildren.org/English/ages-stages/Pages/default.aspx>

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