

Building Pathways For Healthy Minds

Upcoming Webinars



Cultivating Healthy Classrooms with Empathy and Connection

Have you been frustrated managing a classroom with out-of-control behaviors? In this workshop, learn knowledge and skills to cultivate a nurturing and empathetic classroom climate. Participants will walk away with hands-on activities and ideas to promote empathy and connection in the classroom and will gain valuable information on setting up a classroom that promotes community. This presentation is about connecting with children, modeling assertiveness, and using mentally healthy discipline techniques appropriate for early childhood, elementary, and middle-school classrooms.

Recognizing & Reporting Child Maltreatment

This workshop will give professionals a better understanding of child maltreatment and its prevalence in our community. You will learn how to get help for children, recognize the signs of abuse, be aware of the reporting laws, and know what to do when a child makes an outcry.

Mind Matters: Overcoming Adversity and Building Resiliency

Too many students experience on-going stress, and all too often the underlying trauma of Adverse Childhood Experiences (ACEs) takes a toll. Mind Matters gives educators a way to directly help young people who may have experienced trauma in their lives build skills to self-regulate. During the workshop you will learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery.

Navigating Rough Waters: Understanding Children's Mental Health

What is typical childhood behavior? When should I be concerned? And if a student does begin to experience a mental health issue, what can I do? In this interactive workshop, participants learn about signs and symptoms of mental health concerns in youth and 3 strategies for helping students who may be developing mental health issues.



Book Now!
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