

# Building Pathways to Healthy Minds

## *Workshops for Parents & Caregivers*



**NEW  
WORKSHOP  
SERIES**



## PARENTING WITH EMPATHY

Children need connection and guidance to grow into healthy adults. This mini-series will help you learn to use empathy to create a safe environment, set boundaries, and hold children accountable while keeping connection in mind.

**Part 1:  
CREATING A NURTURING  
ENVIRONMENT**

**Wednesday, March 6  
12PM-1PM**

Register at  
<https://childbuilders.org/PWE1>

**Part 2:  
CONNECTION &  
CORRECTION**

**Friday, March 29  
12PM-1PM**

Register at  
<https://childbuilders.org/PWE2>