

Building Pathways to Healthy Minds

Workshops for Parents & Caregivers



CREATING A NURTURING HOME ENVIRONMENT FOR CHILDREN

Children need connection and guidance to grow into healthy adults. This workshop will help you learn to parent with connection in mind, using empathy and assertiveness to reach that goal. You will walk away with hands-on strategies for cultivating connection in your home and a better understanding of how empathy can be used to nurture and guide children.

WEDNESDAY
February 5 @ 12-1PM
Online via Zoom - free

Register at <https://childdbuilders.org/PWE1>