

Building Pathways to Healthy Minds

Workshops for Parents & Caregivers



You've Got This: Parenting and Children's Mental Health

What is typical childhood behavior and when should I be worried? What can I do if my child begins to experience a mental health issue? In this interactive webinar, participants learn about signs and symptoms of mental health concerns in young children and discuss 3 strategies for helping children who may be developing mental health issues.

WEDNESDAY

November 6 @ 12-1PM

Online via Zoom - free

Register at <https://childbuilders.org/MHP>