

Building Pathways to Healthy Minds

Workshops for Educators



NEW
WORKSHOP



Mind Matters: Overcoming Adversity and Building Resiliency

This workshop prepares educators to help young people heal trauma and learn to self-regulate. Learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery.

THURSDAY
APRIL 18 @ 9-10AM
Online Via Zoom - Free

Register at <https://childbuilders.org/EDMM>