

BUILDING PATHWAYS for HEALTHY MINDS

Webinar Series for Educators & School Personnel, Fall/Winter 2024

FREE CE CREDITS*

OCTOBER

Wednesday

12:00 PM - 1:00 PM

9

Mind Matters: Overcoming Adversity and Building Resiliency

This workshop prepares educators to help young people heal trauma and learn to self-regulate. Learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery.

Wednesday

12:00 PM - 1:00 PM

23

When Life Gets Hard: Coping with ACEs and Trauma

What are Adverse Childhood Experiences (ACE's) and how does trauma impact the developing child? How does trauma "show up" in classroom behavior? What works to help students who have experienced grief and adversity? In this interactive webinar, learn about trauma's effect on development and behavior and 5 strategies to help students heal.

Wednesday

12:00 PM - 1:00 PM

30

Cultivating Healthy Classrooms with Empathy and Connection

Discover how to foster a caring and empathetic classroom environment. Learn practical activities and strategies to encourage empathy and connection among students. This presentation focuses on modeling assertiveness and respect, addressing children's needs at their core rather than solely managing behavior.

NOVEMBER

Wednesday

12:00 PM - 1:00 PM

20

Navigating Rough Waters: PostPandemic & Children's Mental Health

What is typical childhood behavior and when should I be concerned? What can I do if a student begins to experience a mental health issue? In this interactive workshop, learn about signs and symptoms of mental health concerns in youth and 3 strategies for helping students who may be developing mental health issues.

MORE INFORMATION

Email: admin@childbuilders.org

Visit: <https://childbuilders.org/educator-webinars>

*CE Credits available for Texas teachers, social workers, and LPC's

