

Building Pathways to Healthy Minds

Workshops for Educators



FREE CE
CREDITS



Mind Matters: Overcoming Adversity and Building Resiliency

This workshop prepares educators to help young people heal trauma and learn to self-regulate. Learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery.

WEDNESDAY
OCTOBER 9 @ 12-1PM
Online Via Zoom - Free

Register at <https://childbuilders.org/EDMM>