

ChildBuilders Programs

Curriculum Training Available Spring 2023

Stand Strong, Stay Safe

Personal Safety Education

Stand **Strong** Stay **Safe**, a Pre-K – 5<sup>th</sup> Grade safety education curriculum, teaches children how to prevent violence and abuse through assertiveness skill building. Children learn how to stay safe and get help when faced with bullying, emotional abuse, physical abuse, sexual abuse, neglect, and other challenges. Three vertically aligned curricula present age-appropriate lessons with Home Connections to encourage parent involvement and follow-up activities to reinforce learning outcomes throughout the year. Curricula are available for Pre-K through 1<sup>st</sup> Grade, 2<sup>nd</sup> to 3<sup>rd</sup> Grade, and 4<sup>th</sup> to 5<sup>th</sup> Grade.

Early Childhood: 4-Hour Training, Puppets, & Online Curriculum Access: \$220

Elementary: 8-Hour Training & Online Curriculum Access: \$325

### **Build to Nurture**

Social and Emotional Learning Program

Build to Nurture is an eight-lesson, interactive curriculum which prepares children with the social and emotional skills they need to become caring, nurturing, and contributing members of their families and communities. This content is easily integrated into prekindergarten through 1st Grade classrooms with hands-on learning, center activities, and parental involvement through Home Connections. Lessons and strategies are designed to improve the classroom climate and promote inclusion, community, and connection.

4-Hour Training & Printed Curriculum with Online Access to Materials: \$375

## Parents Under Construction

Parenting Prep Education

This 10-lesson, award-winning curriculum is designed to enhances middle- and high-school students' awareness of how parenting influences children's mental health. The program helps youth today learn the parenting skills they will need in the future. Parents Under Construction increases the social and emotional competence of teens, young adults, and their children, and can help prevent physical abuse, emotional abuse, and mental health challenges now and in future generations.

#### 8-Hour Training & Online Curriculum Access: \$325

# **Book Training**

Book private curriculum training sessions for your organization with a minimum of 8 participants. Sessions can be held virtually via Zoom or in-person at your facility. Participants may also join open enrollment sessions listed on our website,

### Contact Gretchen Lash

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Calendar: childbuilders.org/events • Announcements: childbuilders.org/training-alerts





