

# Character Counts Alignment Stand Strong • Stay Safe Program



Trustworthiness	Respect	Responsibility	Fairness	Caring	Citizenship
<p>Act with integrity - do the right thing</p> <p>Stand by your values, even if it's unpopular</p>	<p>Use assertiveness to communicate in a way that respects yourself and others.</p> <p>Understand boundaries and respect others' boundaries</p> <p>Stay in control when someone crosses your boundaries</p> <p>Respect differences</p>	<p>Understand your own needs and manage your own emotions (SBT)</p> <p>Understand consequences</p>	<p>Practice treating others fairly and inclusively</p> <p>Recognize when someone is being taken advantage of</p> <p>Understand power differences in relationship</p>	<p>Be kind to others</p> <p>Stand up for the rights of others to be safe and respected</p>	<p>Stand up for the rights of others</p> <p>Help others make safe, respectful choices</p> <p>Understand how your relationships, behavior, and choices impacts your community</p>