



CHILDBUILDERS

# Build to Nurture

A Social and Emotional Learning Curriculum

Build to Nurture prepares young children with social and emotional skills they need to become caring, nurturing, and contributing members of their families and communities. It includes 8 interactive lessons that easily integrated into Pre-K through 1st grade classrooms with hands-on learning, and center activities. Parental involvement is encouraged through Home Connections. Lessons and strategies are evidence-informed and designed to improve classroom climate and promote inclusion, community, and connection.

## Why it's needed:

- Students dealing with outside stressors may come to school agitated, distracted, and disconnected which is often visible in classroom behavior.
- Trauma and negative experiences can affect a child's social and emotional functioning and mental health.
- Educators are expected to help students thrive socially and intellectually regardless of the factors influencing their behavior. Each year, less class time is spent nurturing students' social and emotional development.

## Lessons concepts:

- Classroom Community
- Knowing Your Emotions
- Emotional Control
- Assertiveness
- Empathy
- Consequences
- Solving Problems
- Kind Words

## Training Information

Cost: \$225

for 4-Hour Training & Access to Online Materials

*Book private curriculum training sessions for your organization with a minimum of 8 participants. Sessions can be held virtually via Zoom or in-person at your facility. Participants may also join open enrollment sessions listed on our website.*

Contact Gretchen Lash  
glash@childbuilders.org or 713-481-6555

Calendar: [childbuilders.org/events](https://childbuilders.org/events)  
Announcements: [childbuilders.org/training-alerts](https://childbuilders.org/training-alerts)