

**Stand Strong Stay Safe**, a Pre-K – 5<sup>th</sup> Grade safety education curriculum, teaches children how to prevent violence and abuse through assertiveness skill building. Children learn how to stay safe and get help when faced with bullying, emotional abuse, physical abuse, sexual abuse, neglect, and other challenges. Curriculum training prepares educators to teach this curriculum in their own classrooms or as volunteers. Training is designed for classroom teachers, school counselors, and other classroom-based educators.

## PROGRAM INCLUDES:

### Early Childhood Curriculum

4 interactive 20-minute lessons for PreK-1<sup>st</sup> Grade  
Presentations with puppet shows and role-play  
Home Connections and access to Parent Guide  
Follow-up activities for classroom teachers to use throughout the year

### Elementary Curriculum

2 vertically curriculum levels (Foundation for 2<sup>nd</sup>-3<sup>rd</sup> Grade and Extension for 4<sup>th</sup>-5<sup>th</sup> Grade), each consisting of 5 30-minute lessons  
Presentations with video or stories featuring superhero characters, role-play, and discussion  
Home Connections and access to Parent Guide

## PARTICIPANTS WILL:

- Understand how adverse childhood experiences and trauma affect children
- Be able to recognize signs of physical, sexual, and emotional abuse and respond appropriately to disclosures
- Learn effective implementation techniques for each lesson through demonstration and practice
- Connect with ChildBuilders' staff for ongoing support and coaching
- Gain access to all curricula and materials needed to implement the program.

## COST

Early Childhood – 4 Hours - \$225

Elementary – 8 Hours - \$325

Special offers available in many districts. Contact our team for details.

Cost of training includes digital curriculum and materials via ChildBuilders Online. Print curriculum can be purchased separately.

## BOOK TRAINING

Contact Gretchen Lash  
glash@childbuilders.org or 713-481-6555

Calendar: [childbuilders.org/events](http://childbuilders.org/events)  
Announcements: [childbuilders.org/training-alerts](http://childbuilders.org/training-alerts)