

Stand Strong • Stay Safe

Personal Safety Education for PreK-5 Curriculum Training



Stand **Strong** Stay **Safe**, a Pre-K – 5th Grade safety education curriculum, teaches children how to prevent violence and abuse through assertiveness skill building. Children learn how to stay safe and get help when faced with bullying, emotional abuse, physical abuse, sexual abuse, neglect, and other challenges. Curriculum training prepares educators to teach this curriculum in their own classrooms or as volunteers. Training is designed for classroom teachers, school counselors, and other classroom-based educators.

PROGRAM INCLUDES:

Early Childhood Curriculum

4 interactive 20-minute lessons for PreK-1st Grade Presentations with puppet shows and role-play Home Connections and access to Parent Guide Follow-up activities for classroom teachers to use throughout the year

Elementary Curriculum

2 vertically curriculum levels (Part 1 or 2nd-3rd Grade and Part 2 or 4th-5th Grade), each consisting of 5 30-minute lessons

Presentations with video or stories featuring superhero characters, role-play, and discussion Home Connections and access to Parent Guide

PARTICIPANTS WILL:

- Understand how adverse childhood experiences and trauma affect children
- Be able to recognize signs of physical, sexual, and emotional abuse and respond appropriately to disclosures
- Learn effective implementation techniques for each lesson through demonstration and practice
- Connect with ChildBuilders' staff for ongoing support and coaching
- Gain access to all curricula and materials needed to implement the program.

COST

Early Childhood – 4 Hours - \$220 Elementary – 8 Hours - \$325 Special offers available in Fort Bend and Harris Counties; contact our team for details.

Cost of training includes digital curriculum and materials via ChildBuilders Online. Print curriculum can be purchased separately.

BOOK TRAINING

Contact Gretchen Lash glash@childbuilders.org or 713-481-6555

Calendar: childbuilders.org/events Announcements: childbuilders.org/training-alerts