CHILD BUILDERS
Respect. Nurture. Protect.
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Parenting Education

Building Pathways For Healthy Minds





One-Hour Workshops

Create a Nurturing Home for Your Children

Children need connection and guidance to grow into healthy adults. This workshop will help you learn to parent with connection in mind, using empathy and assertiveness to reach that goal. You will walk away with hands-on strategies for cultivating connection in your home and a better understanding of how empathy can be used to nurture and guide children.

Connect Before you Correct

Effective parenting is about the day-to-day interactions we have with our children that build trust and love. This presentation will focus on connecting with your children while disciplining. Learn strategies to set boundaries and hold children accountable for their choices when they push those boundaries, while maintaining respect for yourself and your child.

You've Got This: Parenting and Children's Mental Health

What is typical childhood behavior and when should I be worried? What can I do if my child begins to experience a mental health issue? In this interactive workshop, participants learn about signs and symptoms of mental health concerns in young children and discuss 3 strategies for helping children who may be developing mental health issues.

Keeping Children Safe in a Troubled World

This workshop presents proactive strategies adults can use to recognize and respond to abuse. Participants will develop a general understanding of child maltreatment, learn to identify signs and symptoms of abuse, and explore ways to prevent trauma.

Calm Starts With You: Everyday Stress Management for Parents and Children

This workshop offers useful, everyday strategies for managing your own stress and helping your child learn to recognize and manage theirs, building a calmer, more secure home for both of you.

When Life Gets Hard: Parenting Through Trauma

What are Adverse Childhood Experiences? How does trauma impact children? What works to help children who have experienced trauma, such as grief and adversity? In this interactive workshop, participants will learn about how trauma affects development and behavior and leave with 5 strategies to help their child heal from traumatic experiences.





Book Now!

Virtual Webinar - $200
In-Person Workshop - $500
Sponsorships Available

https://childbuilders.org/webinar-booking
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