

CHILDBUILDERS
Respect. Nurture. Protect.
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BUILDING PATHWAYS FOR HEALTHY MINDS

Parenting Education Webinar Series | Summer/Fall 2026

AUGUST

Thursday 27
12:00 PM - 1:00 PM

Create a Nurturing Home for Your Children

This workshop will help you learn to parent with connection in mind, using empathy and assertiveness to reach that goal. Learn hands-on strategies for cultivating connection in your home and how empathy can nurture and guide children.

SEPTEMBER

Wednesday 2
12:00 PM - 1:00 PM

Connect Before you Correct

Parenting is about day-to-day interactions that build trust and love. This workshop will focus on connecting with your children while disciplining. Learn to set boundaries and hold children accountable while maintaining respect for yourself and your child.

Wednesday 16
12:00 PM - 1:00 PM

Calm Starts With You: Everyday Stress Management for Parents and Children

This workshop offers tangible, everyday strategies for managing your own stress and helping your child learn to recognize and manage theirs, building a calmer, more secure home for both of you.

OCTOBER

Wednesday 14
12:00 PM - 1:00 PM

You've Got This: Parenting and Children's Mental Health

In this interactive workshop, participants learn about signs and symptoms of mental health concerns in young children and discuss 3 strategies for helping children who may be developing mental health issues.

Wednesday 28
12:00 PM - 1:00 PM

When Life Gets Hard: Parenting Through Trauma

In this interactive workshop, participants will learn about how trauma, including grief and adversity, affects development and behavior and leave with 5 strategies to help their child heal from traumatic experiences.

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MORE INFORMATION

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https://childbuilders.org/parent-webinars