

# BUILDING PATHWAYS FOR HEALTHY MINDS

Webinar Series for Educators & School Personnel, Summer 2024

FREE CE CREDITS\*

## AUGUST

Wednesday

12:00 PM - 1:00 PM

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### Recognizing & Reporting Child Maltreatment

This workshop will give professionals a better understanding of child maltreatment and its prevalence in our community. You will learn how to get help for children, recognize the signs of abuse, be aware of the reporting laws, and know what to do when a child makes an outcry.

Wednesday

12:00 PM - 1:00 PM

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### Cultivating Healthy Classrooms with Empathy and Connection

Discover how to foster a caring and empathetic classroom environment. Learn practical activities and strategies to encourage empathy and connection among students. This presentation focuses on modeling assertiveness and respect, addressing children's needs at their core rather than solely managing behavior.

Wednesday

12:00 PM - 1:00 PM

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### Navigating Rough Waters: PostPandemic & Children's Mental Health

What is typical childhood behavior and when should I be concerned? What can I do if a student begins to experience a mental health issue? In this interactive workshop, learn about signs and symptoms of mental health concerns in youth and 3 strategies for helping students who may be developing mental health issues.

Wednesday

9:00 AM - 10:00 AM

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### Mind Matters: Overcoming Adversity and Building Resiliency

This workshop prepares educators to help young people heal trauma and learn to self-regulate. Learn fun ways to engage young people in learning self-soothing, emotional regulation, and other neurobiological skills for self-management and recovery.

### MORE INFORMATION

Email: [admin@childbuilders.org](mailto:admin@childbuilders.org)

Visit: <https://childbuilders.org/educator-webinars>

\*CE Credits available for Texas teachers, social workers, and LPC's

