

Developmental Milestones

- ❖ Enjoys playmates and will begin to play cooperatively with others.
- ❖ It is normal to have imaginary friends.
- ❖ Speech is almost always understandable.
- ❖ Can usually count from one to 10.
- ❖ Can walk on tiptoes, climb a ladder, and ride a tricycle.
- ❖ Holds and uses a pencil with good control.
- ❖ Can draw a person with a face, arms, and legs.



Parenting Tips

- ❖ Maintain a consistent bedtime routine. Using a night light, security blanket, or a toy are ways to help lessen nighttime fears. Reading to your child each night before bed is a calming bedtime routine.
- ❖ Allow your child to participate in setting and cleaning up the table.
- ❖ Provide your child with clear limits and an explanation of the consequences if rules are broken.
- ❖ Use kind words and attention to encourage positive behavior.

References

American Academy of Pediatrics. (2014). *Ages and Stages*. Retrieved from <http://www.healthychildren.org/English/ages-stages/Pages/default.aspx>

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