

18 Months

Developmental Milestones

- ❖ Shows affection by kissing parents.
- ❖ Uses a vocabulary of four to 10 words and may combine two-word phrases.
- ❖ Understands simple directions.
- ❖ Points to some body parts correctly.
- ❖ Walks fast.
- ❖ Walks up stairs with one hand held.
- ❖ Plays pretend.
- ❖ Feeds self, drinks from a cup, and uses a spoon.
- ❖ Imitates a crayon stroke on paper.

Parenting Tips

- ❖ Be gentle and consistent with discipline.
- ❖ Encourage your child to make choices whenever possible.
- ❖ Keep rules simple.
- ❖ Avoid power struggles with your child.
- ❖ Show affection in the family. Be a good role model by practicing the behavior you want your child to value.
- ❖ Read simple stories to your child regularly.
- ❖ Make time for yourself. Raising a toddler can be demanding.



References

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